

# Alamosa Family Recreation Center Newsletter October 2025 Update

 2222 Old Sanford Rd, Alamosa, CO |  (719) 589-2105  
 [www.alamosarec.com](http://www.alamosarec.com) |  City of Alamosa Activities on Facebook |  City of Alamosa on Instagram

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## Summer/Fall Hours

- **Mon – Thu:** 6am - 8pm
- **Fri:** 6am - 6pm
- **Sat:** 7am - 4pm
- **Sun:**  CLOSED

## Winter/Spring Hours

*(Winter Hours begin Nov 1st)*

- **Mon – Thu:** 6am - 9pm
  - **Fri:** 6am - 6pm
  - **Sat:** 7am - 6pm
  - **Sun:** Noon-6pm
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## In-Person Fitness Classes

- Membership or Day Pass Required for classes

 **Night Yoga (All Levels Welcome!)**

- Mon/Wed • 6pm - 7pm • Meeting Room

### **Taekwondo**

- Mon/Wed evenings
- Youth: 5:30 - 6:30pm | Adult/Family: 6:30 - 8:00pm
- Multi-Purpose Gym

### **Lunchtime PowerHour w/ Tammy Lopez & Chris Lock**

- Mon–Fri • 12pm - 1pm
- Multi-Purpose Gym

### **Evening Cycling**

- Tue/Thu • 5:30pm • Meeting Room

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## **Online Fitness Classes**

 Start your day right from home!

✓ Free with an active AFRC membership OR \$10/month.

### **Schedule:**

- ♦ Bodyweight Training w/ Steve: Tue & Thu @ 6:00 AM
- ♦ Tabata/Pilates w/ Catherine: Wed & Fri @ 6:30 AM
- ♦ Morning Yoga w/ Pam: Mon – Thu @ 9:00 AM

 Passcodes now appear directly on your **purchase receipt**.

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## **AFRC Holiday Closures**

- 🇺🇸 **Veterans Day** – Nov 11
  - 🦃 **Thanksgiving (observed)** – Nov 27 & 28
  - 🎄 **Christmas Eve & Day** – Dec 24 (½ day) & 25
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## **Youth Leagues & Programs – 2025**

💡 If a program is full, please join the **waitlist** to help us plan future sessions!

### **Youth Basketball (In-Season)**

- **Registration:** Aug 1 - Oct 6
- **Cost:** \$30
- **Season:** Oct 13 - Dec 13
- **Games:** Saturdays beginning Oct 25  
(*No games Nov 22 & 29 – Thanksgiving Break*)
- **Coaches Meeting:** Oct 8 @ 6pm – Rec Center
- **Divisions:** K/1st (B/G); 2nd/3rd (B/G); 4th/5th (B/G)

### **CARA Basketball Skill Challenge**

- **Registration:** Aug 1 - Dec 3
- **Cost:** Free!
- **Event:** Wed, Dec 3 | 5:00–7:30pm | AFRC
- **Ages:** 6–13 (Must complete CARA form day of event)

### **Youth Coed Hockey**

- **Registration:** Aug 1, 2025 – Jan 4, 2026

- **Cost:** \$45
- **Season:** Jan 12 – Feb 28
- **Coaches Meeting:** Jan 5 @ 6pm – Rec Center
- **Games:** Saturdays beginning Jan 17
- **Equipment Pickup:** Jan 7–8 | 5:30–7:30pm @ Ice Rink
- **Deposit Options:**
  - Full/Partial Equipment (includes jersey): \$100
  - Jersey Only: \$35
- **Divisions:** Mini Mites (5–6), Mites (7–8), Squirts (9–10), PeeWee (11–12), Bantam (13–14)  
 🧤 *Parents provide: mouth guard, stick, skates.*

### **Mile High Mites (Learn to Play Hockey)**

- **Cost:** \$305 per player
- **Sessions:** TUE December 2nd, THU December 4th, TUE December 9th, THU December 11th, TUE December 16th, THU December 18th.
- **Time:** 5:30 pm - 6:30 pm
- One (1) player registration for the Learn to Play program at the association/rink of your choice.
- Full set of brand new fitted hockey gear through Pure Hockey
- Six (6) 1-hour on-ice instructional sessions
- One (1) on-ice session will include Colorado Avalanche Alumni or Female Ambassadors members to teach the game and educate the players.
- The program is available for players that are not currently rostered on a team and registration is based on that criteria. All player eligibility is subject to review and spots are not guaranteed until your player has been cleared by USA Hockey, CAHA and the Colorado Avalanche.
- One (1) Colorado Avalanche
- FOR MORE QUESTIONS OR MORE INFORMATION, PLEASE VISIT:  
[learntoplay.nhl.com/locations/avalanche/](https://learntoplay.nhl.com/locations/avalanche/)

### **Youth Coed Volleyball**

- **Registration:** Aug 1, 2025 – Mar 8, 2026

- **Cost:** \$30
  - **Season:** Mar 23 – May 9
  - **Coaches Meeting:** Mar 11 @ 6pm – Rec Center
  - **Games:** Saturdays beginning Apr 4, 2026
  - **Divisions:** 2nd (Clinic Style); 3rd/4th; 5th/6th
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## **Adult Leagues/Programs**

**Pickleball** – All skill levels welcome!

- Tue & Fri: 7am - 11am
  - Sun: 12pm - 2pm
    -  May 1–Oct: Carroll Park
    -  Starting Nov 1 (weather permitting): Indoor play
  - More Days to be added soon!!!
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## **We're Hiring!**

Alamosa Parks & Recreation is always accepting applications for:

- Sports Officials 
- Customer Service Assistants 

 Apply here: [City of Alamosa Careers](#)

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## **Outdoor Recreation**

### **Youth Climbing**

- Dates: Sept 20th-October 18th

- Days: Saturdays
- Ages 3-4: 10am-10:50am
- Ages 5-6: 11am - 11:50am

### **Halloween Boo-Cycle Parade**

Grab your bike, don your costume, and haunt the streets with us!

- Date: October 31st
- Where: Alamosa Rec Center
- When: 2pm -4pm
- Cost: Free
- All Ages Welcome

### **Generation Wild Programming**

Partnering with Alamosa Schools & SLV Boys & Girls Club to provide outdoor leadership opportunities for local youth.

 Contact: Shawna Lease – [slease@ci.alamosa.co.us](mailto:slease@ci.alamosa.co.us)

### **Adopt-A-Park/Trail**

Want to help maintain a local park or trail?

 Contact: [jgarbiso@ci.alamosa.co.us](mailto:jgarbiso@ci.alamosa.co.us)

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## **Local Special Events**

- Nov 8: **Veteran Fundraising Race** 
  - Dec 5: **Celebration of Lights**  
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## **Stay Connected!**

We welcome your feedback on all programs and facilities.

 Contact Recreation Division Manager: **Dalton Carleo**

 [dcarleo@ci.alamosa.co.us](mailto:dcarleo@ci.alamosa.co.us)

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 Subscribe/Unsubscribe to this newsletter at [AlamosaRec.org](http://AlamosaRec.org)

 **HAPPY RECREATING!** 